

Would you like to reverse aging? Biomedical High-Tech can help

Why do some people age fast and others more slowly? What can we do now to slow down the aging process and its related debilitating diseases? What can we do to feel and look younger, without investing a fortune in risky and expensive treatments, like cosmetic surgery?

Today, scientific anti-aging medicine (biogerontology) provides answers to these questions. **Dr. Arkadi F. Prokopov (Ark Prokop)**, a biogerontological scientist and integrative medicine physician has developed a technology that rejuvenates aging cells, forcing them to intensify the self-repair processes that constitute natural healing, and which slow down during normal aging. This technology originates from his earlier research on Russian cosmonauts and Navy divers. During his almost 30 years of clinical practice, Dr. Prokopov has created a program to repair cellular damage that can be individually applied to people of all ages and conditions to improve their health and boost their quality of life. The foundation of this program is called "Intermittent Hypoxic-Hyperoxic Training" (IHHT), which is used by elite athletes for decades as simulated altitude training. Dr. Prokopov helped develop a sophisticated machine that makes the application of this technique extremely user-friendly.

Of course he has used this technology on himself. Presently Dr. Prokopov educates physicians in this technology in Europe and gives lectures on this topic in English and German. Among his satisfied clients are celebrities and business executives.

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How does IHHT work?

Air at sea level has oxygen content of 21%. But as the altitude rises, the total amount of oxygen in the air diminishes. In search of ways to train pilots, cosmonauts and mountain climbers to air low in oxygen (found at altitude and scientifically called "hypoxic air") without negative side effects; scientists developed a technology to simulate such conditions at sea level atmospheric pressure.

In the course of their experiments, tests and pilot studies it was established that hypoxic air also increased the efficiency of athletes and, more important, had incredible therapeutic effects on many chronic diseases. In Russia tests and clinical studies have been running on hundreds of thousands of people in curative and preventative medicine fields for over thirty years. Today the efficiency and safety of hypoxic training are not only recognized and confirmed, but it is now an established therapy in elite clinics.

The western world has only had the benefit of these machines since 1998 when they appeared on the market, but offered only as a training aid for athletes. Until now the western medicine is still not aware of the technology's tremendous health improving potential.

The machine delivers hypoxic air and oxygen-enriched (hyperoxic) air intermittently through a face mask; for example, 5 minutes of hypoxic air inhalation is immediately followed by 3-4 minute's inhalation of hyperoxic air, and these cycles continue for a minimum of 45 minutes, but can be shortened, or extended to 90 minutes if the person needs it. A minimum of 10 - 15 treatments, given from 2 to 4 times a week, is recommended.

Main benefits

As a result of treatment the body's oxygen absorption, transportation and utilization is significantly improved, as is its stress-resistance.

Heart vessels and lung tissue become more elastic and therefore - more efficient and more healthy.

The capillarization in all oxygen-sensitive organs (heart, brain, hormonal glands and muscles) can be increased by up to 70%.

The IHHT stimulates elimination of senescent cells.

The immune system is strengthened and re-vitalized.

The amount of red blood cells increases.

Blood sugar and insulin levels can be normalized.

Blood pressure can be normalized; in most cases with less medication.

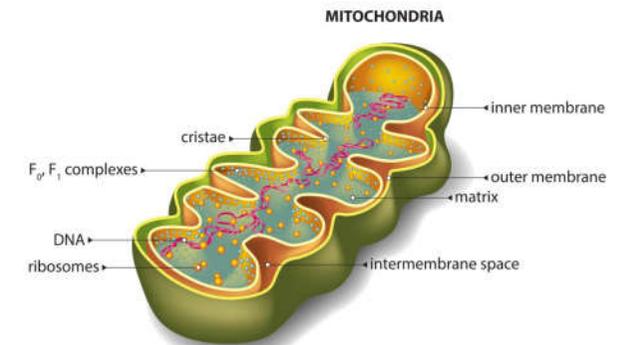
Spiritual and mental abilities are strengthened.

The body's ability to withstand all kinds of stress and intoxication increases.

With a special diet adjustment there is marked weight loss.

The skin is rejuvenated and the increased levels of natural hormones boost libido.

All these improvements happen because your mitochondria will be rejuvenated with the IHHT.



Legal disclaimer

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